

## 2<sup>nd</sup> Edmund Tay Mai Hiong Distinguished Speaker Programme

NUS Faculty of Dentistry  
*presents*

# Sleep Medicine for Physician and Dentist: Interdisciplinary Clinical Sciences

**Sun, 8 July 2018 (9AM - 5PM)**

**Clinical Research Centre (CRC) Auditorium  
Blk MD11, Yong Loo Lin School of Medicine  
10 Medical Drive, Singapore 117597**

**6 CPE Points**

Topics:

- What is Sleep and Why Do We Sleep
- Sleep Disordered Breathing: Overview
- Sleep Bruxism vs. Sleep Disordered Breathing and Pain: Differential diagnosis and mechanisms
- Sleep Bruxism vs. Sleep Disordered Breathing and Pain: Management

Featured Speaker:



**Professor Gilles Lavigne**  
Faculty of Dentistry  
Université de Montréal

Followed by:

**Sleep Bruxism and Apnea: An Association?**

**Mon, 9 July 2018 | 6.30 – 8.00 PM | CRC Auditorium | 2 CPE Points**

### Our Mission for Sleep Medicine Awareness

The NUS **Edmund Tay Mai Hiong Endowed Fund** was started to not only raise public and medical community awareness of dentistry's role in sleep and airway issues but to empower and recruit dentists as front line professionals in the early detection of sleep-disordered breathing (SDB). We strongly believe that the informed dentist, working together with a team of dedicated sleep experts, has the potential to be a major factor in the co-management of many sleep-related disorders, not only Obstructive Sleep Apnea (OSA).

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